

## Family Hubs and Start for Life Programme

### Services for children, young people, and their families

The table below shows the range of services delivered through the Family Hubs and Start for Life Programme across the Borough. These services are delivered in Family Hub buildings, within the wider Family Hub network, and through community outreach.

\* Services delivered at a RMBC Family Hub building.

\*\* Services delivered in a Family Hub network building.

\*\*\* Services delivered in both.

# Services delivered via community outreach in other buildings across the borough.

 <b>FAMILY HUBS Rotherham</b>		NORTH	SOUTH	CENTRAL
<b>Parenting</b>				
Triple P Teen *	✓	✓	✓	
Triple P Stepping Stones *	✓	✓	✓	
Triple P Baby ***	✓	✓	✓	
Triple P Fear-Less *#	✓	✓	✓	
Triple P 0-12 *	✓	✓	✓	
Family Links *	✓	✓	✓	
Caring Dads Programme *#	✓	✓	✓	
Sleep Tight *	✓	✓	✓	
Discussion Groups – Developing a Good Bedtime Routine *#	✓	✓	✓	
Discussion Group – Developing Teen Survival Skills *#	✓	✓	✓	
Discussion Group – Coping with Teen Emotions *#	✓	✓	✓	
Discussion Group – Managing Fighting & Aggression *#	✓	✓	✓	
Discussion Group – Reducing Family Conflict *#	✓	✓	✓	
Mothers Groups **	✓		✓	
Teen Life Course *#	✓	✓	✓	
First Aid for parents and carers *	✓	✓	✓	
Online programmes for parents and carers	✓	✓	✓	
<b>Targeted Interventions for Young People</b>				
Healthy Relationships *	✓	✓	✓	
Behind the Blade *	✓	✓	✓	
Community Cohesion *#	✓	✓	✓	
Crime & Consequence *#	✓	✓	✓	
Be Share Aware *#	✓	✓	✓	
Keep Safe (street-based delivery)	✓	✓	✓	
Online programmes for young people	✓	✓	✓	
<b>Activities for Young People</b>				
Commissioned Universal Youthwork **	✓	✓	✓	
Targeted Youth Groups *#	✓	✓	✓	
Detached Street Based Youthwork *	✓	✓	✓	

<b>Improving School Readiness</b>			
Stay & Play Sessions (0-5 years) *#	✓	✓	✓
Toddler Groups ***#	✓	✓	✓
Speech & Language Therapy *	✓	✓	✓
Peep (Learning Together Programme) ***#	✓	✓	✓
Sensory Groups ***#	✓	✓	✓
Baby Groups ***#	✓	✓	✓
<b>Infant Feeding</b>			
Introduction to Solid Foods & Weaning *	✓	✓	✓
Breastfeeding Drop-in Sessions Support Group ***#	✓	✓	✓
Breastfeeding and Tongue Tie Assessment *	✓	✓	✓
Infant Feeding Workshop *	✓	✓	✓
<b>Perinatal &amp; Parent Infant Relationships Support</b>			
Light Peer Support Groups ***#	✓	✓	✓
Baby Massage *#	✓	✓	✓
Baby Yoga *	✓	✓	✓
<b>Healthy Child</b>			
Health Assessments *	✓	✓	✓
Well Baby Clinic *	✓	✓	✓
3-4-month visits *	✓	✓	✓
Baby Clinic *	✓	✓	✓
Sensory Parenting Workshops *	✓	✓	✓
Midwifery Appointments *	✓	✓	✓
CAMHS ADHD Medication Clinic (Universal Offer) *			✓
SEND Groups ***#	✓	✓	✓
Immunisations *	✓	✓	✓
Developing Better Oral Health Sessions *	✓	✓	✓
<b>Debt/Employment</b>			
Employment Advice Drop In Sessions *	✓	✓	✓
<b>Family Activities</b>			
Family Fun Days ***#	✓	✓	✓
Community Fairs ***#	✓	✓	✓
Summer/Easter/Spring/Winter Events ***#	✓	✓	✓
School Holiday Activities ***#	✓	✓	✓
Family Photoshoots *	✓	✓	✓
<b>Family Support</b>			
Family Support ***	✓	✓	✓